



Preschool Schedule

Time :	Activity
7 to 8	Greetings and pre- writing
8 to 8:25	Breakfast
8:25 to 8:35	Morning Exercise
8:35 to 8:50	Circle time and planning
8:50 to 9:10	Small groups
9:10 to 10:25	Open centers * two 5 min. brain breaks -Dramatic play, blocks, table toys, writing table, sensory, math, discovery, library, art
10:25 to 10:30	Clean up time
10:30 to 10:50	Story time and bathroom break
10:50 to 11:20	Outdoor play (weather permitting)/large motor
11:20 to 11:40	Music and movement
11:40 to 12:00	Sign language
12:00 to 12:30	Lunch
12:30 to 1	Oral care and prepare for nap
1 to 3	Nap time / quiet time
3 to 3:20	Wake up and review time
3:20 to 3:45	Snack
3:45 to 5	Outdoor play (weather permitting)
5 to 6	Table toys and stories